

# ALASKA LABORERS TRUSTS

*Alaska Laborers-Construction Industry Health and Security Fund*

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Administered by  
Welfare & Pension Administration Service, Inc.

January 6, 2017

**To: Active Participants of the Alaska Laborers-Construction Industry Health and Security Fund**

**Re: Benefit Changes**

*This is a summary of material modification describing recent changes adopted by the Board of Trustees. Please be sure that you and your family read this carefully and keep it with your Summary Plan Description material.*

The Board of Trustees' of the Alaska Laborers–Construction Industry Health and Security Fund met recently to review the health plan costs and benefits.

## **Massage Therapy is Covered, effective March 1, 2017**

Massage therapy services are covered, up to a maximum of 10 visits per calendar year. The services must be prescribed as part of a treatment plan and performed by a licensed professional acting within the scope of their license. For example, the services may be performed by a licensed massage therapist, chiropractor or physical therapist.

## **Coalition Health Center (CHC) Now Open in Fairbanks!**

The CHC recently opened a new Fairbanks clinic. It is located in the Ridgeview Business Park, 575 Riverstone Way, Unit 1. Please call for appointments: (907) 450-3300. This provider is included in the Minor Care – Wellness Program.

Reminder: You may also use the CHC located in Anchorage, on the Alaska Regional Hospital campus, at 2741 DeBarr Road, Suite C210. Please call for appointments: (907) 264-1370.

At both locations, participants may receive:

- Preventive care
- Treatment of chronic and acute illness
- Urgent care for minor illness and injury

**When utilizing a CHC clinic, the copay is waived through June 30, 2017, and services are not subject to the deductible.** (Thereafter, the copay is \$30 per visit, \$0 for preventive services).

If you have any questions regarding this Plan change and announcement, please contact the Administration Office at (800) 331-6158, extension 3559.

Sincerely,

**Board of Trustees**

**Alaska Laborers-Construction Industry Health and Security Fund**

In accordance with ERISA reporting requirements, this document serves as your Summary of Material Modifications to the Plan and we are advising you of these Plan changes within 60 days of the adoption of those changes.