

ALASKA LABORERS TRUST FUNDS

Alaska Laborers-Construction Industry Health and Security Plan

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Administered by
Welfare & Pension Administration Service, Inc.

June 12, 2018

To: Participants of the Alaska Laborers-Construction Industry Health and Security Fund

Re: Benefit Changes Effective August 1, 2018

This is a summary of material modification describing recent changes adopted by the Board of Trustees. Please be sure that you and your family read this carefully and keep it with your Summary Plan Description material.

The Board of Trustees' of the Alaska Laborers–Construction Industry Health and Security Fund met recently to review the health plan costs and benefits. The following change will be effective August 1, 2018:

Teladoc – for Active participants and Non-Medicare retirees

Now you can visit a doctor without leaving home. Teladoc provides 24/7 access to a board certified, licensed family practice doctor or pediatrician via phone or video. Teladoc is not a substitute for a primary care doctor, but can be used to diagnose and treat acute, non-emergent medical issues that may arise such as:

Cold and flu	Bronchitis
Sore throat	UTI
Rashes	Fever
Allergies	Asthma
Headaches	And much more!

Teladoc doctors can also write short term prescriptions and will send the script electronically to the pharmacy of your choice. After the visit, at your request, the doctor will send electronic chart notes to your primary care doctor.

You pay \$0 copay and you do not have to satisfy your deductible. You will receive more information about this benefit prior to August 1st, including instructions on how to register with Teladoc. Watch your mail for more information!

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Changes to the Prescription Drug Benefit

The Trust is making the following changes to the prescription program in order to use our funds wisely without sacrificing patient care:

- **Claims Review of Non-Specialty Drugs Exceeding \$1,500**
Non-specialty drugs exceeding \$1,500 will be reviewed by a Consultant Pharmacist to help ensure appropriate use and billing (dose, quantity, days' supply, charged amounts) or to discuss possible alternatives. You, your doctor or pharmacy may be contacted by a Consultant Pharmacist.
- **Utilization Management of Diabetic Test Strips**
The Plan will limit the quantity of diabetic test strips dispensed at one time. The limit will accommodate recommended testing guidelines by the American Diabetes Association (ADA). Your doctor may request higher limits from CVS/Caremark.
- **Some products may be excluded:**
 - ✓ Products not approved by the Food and Drug Administration (FDA) as drugs, for example, Medical Devices, specifically, topical barriers or artificial saliva
 - ✓ Products not requiring a prescription per FDA guidance, for example, Medical Foods
 - ✓ Costly formulations which have lower cost alternatives
 - ✓ Select brands with an authorized generic
- Specialty medications must be purchased through Caremark specialty mail order pharmacy or at a CVS pharmacy within Target, rather than through a retail pharmacy location. If you are unable to receive these medications through mail order or at a CVS pharmacy within Target, you may obtain an exception when necessary.

No Assignment of Benefits

Medical coverage benefits of this Plan may not be assigned, transferred or in any way made over to another party by a participant. Nothing contained in the written description of medical coverage shall be construed to make the Plan liable to any third-party to whom a participant may be liable for medical care, treatment or services.

If you have any questions regarding these Plan changes, please contact the Administration Office at (800) 331-6158, extension 3512.

Sincerely,

Board of Trustees

Alaska Laborers-Construction Industry Health and Security Fund

In accordance with ERISA reporting requirements, this document serves as your Summary of Material Modifications to the Plan and we are advising you of these Plan changes within 60 days of the adoption of those changes.