

ALASKA LABORERS TRUSTS

Alaska Laborers-Construction Industry Health and Security Fund

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Administered by
Welfare & Pension Administration Service, Inc.

January 6, 2017

To: Retiree Participants of the Alaska Laborers-Construction Industry Health and Security Fund

Re: Benefit Changes Effective March 1, 2017

This is a summary of material modification describing recent changes adopted by the Board of Trustees. Please be sure that you and your family read this carefully and keep it with your Summary Plan Description material.

The Board of Trustees' of the Alaska Laborers–Construction Industry Health and Security Fund met recently to review the health plan costs and benefits. The following change will be effective March 1, 2017:

Massage Therapy is Covered

Massage therapy services are covered, up to a maximum of 10 visits per calendar year. The services must be prescribed as part of a treatment plan and performed by a licensed professional acting within the scope of their license. For example, the services may be performed by a licensed massage therapist, chiropractor or physical therapist.

If you have any questions regarding this Plan change, please contact the Administration Office at (800) 331-6158, extension 3559.

Sincerely,

Board of Trustees
Alaska Laborers-Construction Industry Health and Security Fund

In accordance with ERISA reporting requirements, this document serves as your Summary of Material Modifications to the Plan and we are advising you of these Plan changes within 60 days of the adoption of those changes.