



This is your year.  
This is your care.



From common care needs to complex conditions, we’ve got you covered.



J.D. Power ranks Teladoc #1 in Telehealth Satisfaction with Direct-to-Consumer Providers  
For J.D. Power 2021 award information, visit [jdpower.com/awards](https://www.jdpower.com/awards).

Your virtual care benefits at a glance

SAMUEL SAMPLETON  
1 SAMPLING ST  
SAMPLEVILLE, AZ 29401

Made available by:

Alaska Laborers-Construction Industry  
Health and Security Fund



4.8 stars on Apple App Store



90%+ satisfaction



70 million Teladoc members

A suite of services built to suit every part of you

Get flexible care that fits into your schedule by phone or video or app in the following specialties:

Hi Samuel,

At Teladoc, providing you with the right care when you need it most is our number one priority. Teladoc connects you and your family to nationally recognized doctors and specialists on your schedule—by phone or video or app.

Start a visit now or schedule one later to get flexible care, anytime, anywhere.\*

Sincerely,  
Your Teladoc Team

GENERAL MEDICAL  
Get back to feeling better, faster.  
FREE/VISIT



“ I’ve had visits for issues that I otherwise would have had to wait weeks for. The visits were efficient and extremely convenient. I would recommend Teladoc to anyone in a heartbeat. ”

Ashley

Start a visit or schedule one now

Log in to the Teladoc app |   
Teladoc.com  
1-800-TELADOC (835-2362)

# Quality, customizable care in the palm of your hand



## General Medical free/visit



Talk to a doctor 24/7 for  
non-emergency conditions

**Sinus infections • Allergies • Flu • Sore  
throat • Cough • Prescription refills •  
And more**

Access Teladoc seven days a week from anywhere you are, including when your regular provider is unavailable.

Teladoc is not intended to replace any of your existing provider relationships. Your Teladoc visit fees may be subject to change depending upon your plan sponsors' plan design.

Start a visit or  
schedule one now

Log in to the Teladoc app  |   
Teladoc.com  
1-800-TELADOC (835-2362)

\*Teladoc is not available internationally.

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Para obtener ayuda en su idioma, llame sin costo alguno al número que aparece en su tarjeta de identificación. (TTY: 1-855-636-1578)  
如需以您使用語言的協助，請撥打 ID 卡上所列的免付費號碼。 (TTY: 1-855-636-1578)>]

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